Boilers are used by many food processors to provide steam and hot water. Steam generated by boilers is generally used for heating equipment via heat exchangers or is applied directly into or onto the product. Hot water can be used for a range of activities such as use in products and for cleaning. Boilers use large amounts of water and energy and efficient operation can provide significant savings for food processors. Often more efficient use of water in boilers leads to a reduction in energy and vice versa. This fact sheet provides a list of opportunities to assist food processors in the more efficient operation of their boilers.

Feed water is held in the **deaerator** tank to help remove dissolved oxygen and is **treated** prior to entering the boiler. There are two types of boilers, water tube and fire tube. **Water tube boilers** heat water in tubes and the hot combustion gases are contained in the space around the tubes. **Fire tube boilers** have hot combustion gases contained inside tubes and the water is circulated around these. An **economiser** pre-heats feedwater using the flue gases from the boiler’s chimney. The water is heated in the **boiler** to produce hot water and/or steam that can be used directly in the process or sent to a **heat-exchanger** that transfers the heat from the circulating boiler water to heat incoming water. Any **condensate** (steam that has condensed) is captured and returned to the aerator for reuse. Because the build up of contaminants in the circulating water can cause biological growth, corrosion and scale, a portion of the circulating water is **blown down**.
Reduce blowdown losses

Reduce blowdown

As water evaporates in the boiler, salts and minerals accumulate that can cause corrosion and scale. To reduce the build up of these dissolved solids, a portion of the water (usually around four to 10 per cent) is bled off (released) regularly. To reduce excess bleed, a conductivity probe can be used to measure the salt level within the water, with blowdown only occurring when that level exceeds a set value.

The payback period is usually around one to three years and can reduce boiler energy use by two to five per cent on energy required to heat up feed water, plus saves on water and water treatment costs.¹

Recycle or reuse blowdown

It may be possible to reuse the boiler blowdown for other activities such as cleaning, provided it is of appropriate quality and any chemicals used are compatible.

Blowdown heat recovery and flash steam recovery

A blowdown heat recovery system consists of a heat exchanger and flash tank.

The flash tank drops the pressure of the blowdown, converting some of the blowdown into low-pressure steam which is sent to the deaerator and can be used again in the boiler. The remaining water is sent to a heat exchanger and used to preheat the incoming feed water. The system may also assist businesses to comply with local authority requirements limiting the discharge of hot liquids to the sewer.

Reduce makeup usage

Alternative water sources such as rainwater, condensate, recycled water, process water and bore water can be substituted for mains water where appropriate.

Recycled water for boiler makeup

Castlemaine Perkins installed a recycled water system to capture water previously sent to tradewaste from the packaging process. The water is filtered and chemical treated, as required, for use in the cooling tower make-up water, boiler make-up water, irrigation and wash-down water. It is estimated the system saves 30 ML or around $50,000 annually, with a payback period of around four years.

Reduce flue (combustion) losses

Combustion efficiency is a measure of the boiler’s ability to convert fuel into heat.

Inefficient combustion results in:

- wasted energy and emission of unnecessary combustion gases
- unburnt fuel deposits (soot) on boiler tubes which act as an insulator, reducing heat transfer efficiency and allowing heat to escape up the flue.

Soot has an insulating value five times greater than asbestos and significantly reduces heat transfer.²

Measuring flue temperature and analysis of flue gas composition allows boiler operators to monitor, record and track combustion efficiency and identify decreases in performance, assisting prompt corrective action.

Most boilers lose 15-20 per cent of their fuel energy input up the stack.³

³ Sustainable Energy Authority Victoria, 2002, Energy and Greenhouse Management Toolkit
Monitoring flue temperatures

Flue temperature can be monitored and used as an indication of efficient boiler operation. A 5°C rise in flue temperature indicates a one per cent efficiency loss. The optimum temperature can be obtained by reading the flue temperature immediately after the boiler has been serviced and cleaned. Preventative maintenance should include flue temperature readings at least three times a day, at the same firing rate and comparing this temperature with the optimum.

A temperature variation may indicate the need for boiler cleaning. The fuel source used by the boiler will affect the degree of fouling, for example, low-grade fuels such as coal and wood will cause more fouling than natural gas.

Soot is usually removed with a brush and vacuum. Fire side tubes can build up scale on the water side which can be difficult to remove, requiring mechanical or acid cleaning, so prevention by good water treatment is more effective.

Electronic combustion efficiency testers with data loggers can be used for increased monitoring. Inline temperature sensors must be regularly calibrated and checked for fouling.

Water treatment

Effective water treatment and water analysis can minimise scale build up on boiler tubes and heat exchangers that reduces heat transfer efficiency (see Table 1).

<table>
<thead>
<tr>
<th>Scale thickness (mm)</th>
<th>Fuel loss, per cent total loss</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.4</td>
<td>1</td>
</tr>
<tr>
<td>0.8</td>
<td>1</td>
</tr>
<tr>
<td>1.2</td>
<td>3</td>
</tr>
<tr>
<td>1.6</td>
<td>3.9</td>
</tr>
</tbody>
</table>

Table 1: Energy loss due to scale deposits⁴

Engineering solutions, such as pre-heating the boiler feed tank, can help remove dissolved oxygen (that may cause corrosion), reducing the need for oxygen scavenging chemicals.

Monitoring flue gases

Boilers operating with excess air consume more fuel. It is common practice, however, for boilers to use 50-100 per cent excess air, reducing the efficiency of the boiler by five per cent.⁶ If the boiler does not have a flue gas analyser, inexpensive carbon dioxide and oxygen gas absorbing systems can be used. Computer-based hand held analysers may be more suitable for boilers with high operating costs.

Oxygen trim systems

Oxygen trim systems can be used to optimise the mix of flue gases by adjusting the ratio of air to fuel. The optimum percentages of oxygen (O₂), carbon dioxide (CO₂) and excess air in exhaust gases are shown in Table 2.

<table>
<thead>
<tr>
<th>Fuel</th>
<th>O₂ (%)</th>
<th>CO₂ (%)</th>
<th>Excess Air (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natural Gas</td>
<td>2.2</td>
<td>10.5</td>
<td>10</td>
</tr>
<tr>
<td>Coal</td>
<td>4.5</td>
<td>14.5</td>
<td>25</td>
</tr>
<tr>
<td>Liquid petroleum</td>
<td>4.0</td>
<td>12.5</td>
<td>20</td>
</tr>
</tbody>
</table>

Table 2: Optimum flue gas composition⁷

Reduce excess air in the system by routine checks for leaks, as air from leaks will decrease optimisation.

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⁴ Muller, M.R., Simek, M., Mak, J & Mitrovic, G., 2001, Modern industrial assessments: a training manual, version 2.0, Rutgers University, New Jersey


⁷ Muller et al., 2001
**Utilise flue heat**

**Economisers or heat exchange systems**

These systems can recover heat from the flue for preheating boiler feedwater. This option is especially effective if not all condensate is returned to the boiler. **Direct-contact economisers** spray water directly into the flue gas, which also remove particles and acid gases such as sulphur dioxide (SO₂).

**Air preheaters**

Air preheaters on the air inlet increase combustion efficiency and can use recovered heat from the flue gases, as well as warm air from the boiler room ceiling or even solar panels.

**Reduce distribution losses**

Ensure pipework is correctly sized and installed by:

- removing redundant pipework
- not over-sizing as the larger surface area will increase heat losses, increase insulation and maintenance costs
- not under-sizing as the pipes will require higher pressure (and therefore additional pumping energy) and consequently often have high leakage rates
- ensuring correct layout, for example, valve outlets from the distribution headers allows unused sections of the plant to be turned off
- sloping down pipework in the direction of flow
- using steam traps at any low points where condensate collects.

**Rectify steam leaks**

Steam leaks should be rectified to prevent steam loss, which requires additional boiler feed, chemicals and fuel to heat the water.

A 1 mm diameter hole on a steam line at 700 kPa will lead to an annual loss of 300L of fuel oil or 4,300m³ of natural gas.

Bellows seal valves, in place of conventional gland seal valves, use flexible metal bellows that do not leak and require little maintenance. The initial capital cost can be recouped through fewer leaks and reduced labour time.

**Tabulators**

Tabulators are twisted pieces of metal inserted into the tubes of fire tube boilers to reduce the speed of the hot gases and create more turbulence, resulting in better heat transfer to the water. These tabulators can be retrofitted to older boilers.

**Insulation**

Insulation of boiler and steam lines and condensate return piping and fittings reduce heat loss by as much as 90 per cent, as shown in Table 3. Surfaces over 50°C should be insulated.

A 1 m² of uninsulated surface with steam at 700 kPa will lose 225 MJ in a 24-hour period, or two tonnes of fuel oil per year.

Ensure leaks and damaged insulation is repaired promptly.
Table 3: Heat loss from steam lines*  

<table>
<thead>
<tr>
<th>Level of insulation</th>
<th>Heat loss (MJ/m/h)</th>
<th>Steam loss (kg steam/m/h)</th>
<th>Equivalent fuel cost (gas per 50m of pipe/year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Uninsulated</td>
<td>2.83</td>
<td>1.0</td>
<td>$3,396</td>
</tr>
<tr>
<td>Insulated with mineral fibre</td>
<td>0.138</td>
<td>0.05</td>
<td>$165</td>
</tr>
<tr>
<td>Insulated with polystyrene</td>
<td>0.096</td>
<td>0.03</td>
<td>$115</td>
</tr>
</tbody>
</table>

Assumptions: 125 mm steel pipe at 150 °C, natural gas cost of $0.012/MJ of boiler operating eight hours/day, 250 days/year.

Maintain steam traps

Maintaining steam traps reduces energy loss from traps that fail to either effectively close or open. A trap that fails to close will allow steam to escape while a trap that fails to open allows the system to become water-logged thereby reducing the heat output.

A steam leakage sensor on steam traps can be a cost effective option for plants with a large number of traps.

Condensate return lines

Condensate return lines connected to the boiler feed allow the capture and reuse of the heat energy in steam condensate, reducing wastewater and water supply costs and require very little treatment as it is effectively distilled water.

Condensate and associated flash steam (steam formed when high pressure/temperature condensate is suddenly decreased in pressure) contains 26 per cent of the energy used to raise the steam in the boiler.

Other efficiency opportunities

Match steam supply with demand

Downsize or use multiple boiler systems to match demand and reduce energy use. The boiler may be oversized and producing more steam than required if it continually cycles (turning off and on a number of times in a relatively short period). Two or more boilers, sized correctly and carefully located, can meet a variable load of different steam pressures at different locations and times during production, provided they can be fired appropriately.

Pressure reducing valves

Boilers should be operated at their maximum possible design working pressure. Operating them at lower pressures will result in lower quality steam and reduced overall efficiencies. If the system requires lower pressures, use pressure reducing valves, ideally at the point of end use.

Accumulator

Accumulators can help meet peaks in a variable demand. A large vessel is filled with water and heated by the steam to temperature. Steam that is not needed to heat water simply flows through it and out to the plant, but when a sudden peak is imposed the pressure is reduced and a proportion of the water immediately becomes flash steam, thus protecting the boiler from instantaneous loads.

Start up boilers as late as possible and shut them down as early as possible.

Rationalise boiler use

Investigate the economics of a smaller steam boiler or hot water system for times of low load. Operating boilers outside production hours for cleaning or amenity hot water can be inefficient.

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LARGE INEFFICIENT BOILER REPLACED

Syrups, toppings and dry mix processor, Food Spectrum replaced an old, inefficient 750hp (about 560kW) boiler with two 750kW unattended water tube boilers which provide equivalent steam production, with a five per cent increase in efficiency and annual savings of $3,500.

Reduce hot and warm water use with warm or cooler water respectively where feasible. Limit hot water temperatures to the minimum required while still meeting hygiene standards.

REDUCING TEMPERATURE OF WATER TO SAVE

Soft drink processor, Bundaberg Brewed Drinks reduced the temperature in its bottle warming machine in accordance with daily ambient temperature conditions. By aiming to warm bottles to 5°C above dew point temperature, the company saved $1,760 annually with an immediate payback.

Boiler alternatives

Solar-assisted and biomass-fired (e.g. wood pellets) boilers can serve as alternatives to conventional boiler systems.

Heat pumps use low-level heat energy in the ground or air (indoor, exhaust or outdoor) and transfer the heat by circulating a refrigerant. The refrigerant in an evaporator coil absorbs the heat from the air or groundwater. The warm gas then passes through the compressor to increase the heat (pressure) before the gas is passed through a condenser where the heat exchange occurs.

Cogeneration

Cogeneration or combined heat and power systems use a single source of fuel to produce both electrical and thermal energy. For example, a gas turbine used to produce electricity can supply a heat source suitable for applications requiring high-pressure steam. Similarly heat recovered from a reciprocating or piston engine (from the exhaust and jacket coolant) can be used to heat water to around 100°C or low-pressure steam.

Food processing companies can investigate energy performance contracts where a third party funds and manages the cogeneration project and is refinanced through energy savings. For more information on cogeneration refer to the Energy recovery (E5) fact sheet.

This series of fact sheets provides examples and suggestions to the modern food processor on how to achieve both economic and environmental benefits from eco-efficiency. Visit the project website www.ecoefficiency.com.au for more ideas and case studies.